



# Spring Into Action 5K/Walk April 22nd, 2023



### Entry fees:

\$20 per person if pre-registered by 12:00 PM on April 21st

\$25 per person on the day of the event

Participating Kids 12 and under are **FREE** but a registration form **MUST** be completed and signed by the parent.

Kids riding in stroller are **FREE** and no registration form is needed. **No shirt will be received.**

Register online at active.com or you can mail or deliver form and entry fee to:

Watertown Police Department  
Attn: Michelle Jensen  
128 N. Maple  
Watertown, SD 57201

**Register before April 7th if you want to be guaranteed a T-shirt. We will order some extras but once they are gone we won't be ordering anymore.**

**Please make checks payable to :  
Watertown DASH**

### Location and Time:

5K and walk will start and finish in the garage at the Watertown Police Department located at 128 N. Maple. Registration starts at 9:00 am and 5K/Walk starts at 10:00 am. Please mark below if you are doing the 5K or the 2 Mile Walk. For safety reasons, no pets, bikes or roller blades please.

Please join us for the Spring Into Action 5K/Walk. April is Child Abuse Prevention and Awareness Month. This event is being hosted in support of East Central-CASA (Court Appointed Special Advocates) who help abused and neglected children.

East Central-CASA believes that every child has the right to a safe, nurturing, and permanent home, and deserves the support and involvement of their community to make this possible. When the state steps in to protect a child's safety because the people responsible for protecting them have not, a judge appoints CASA to make independent and informed recommendations and help the judge decide what's best for the child. CASA is the only child advocacy group working in the court system that provides a caring, consistent adult focused on the well-being of a single child. For children who've been abused or neglected, CASA means having a home instead of feeling lost, and being a priority instead of feeling invisible.



### For more information call or email:

Michelle Jensen 605-882-5238  
mjensen@watertownpd.com

### T-shirt Size: (Check One)

Youth S  Adult M   
Youth M  Adult L   
Youth L  Adult XL   
Adult S  Adult XXL

5K  Walk

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Sex \_\_\_\_\_ Age on race day \_\_\_\_\_

Email \_\_\_\_\_

**Indemnification and Waiver:** For and in consideration of the benefit inuring through my voluntary participation in the Spring Into Action 5K/Walk to be held April 22, 2023, I hereby knowingly, intelligently and voluntarily execute this Indemnification and Waiver, and do hereby agree to indemnify and hold harmless the City of Watertown, its employees, officers and agents, in whole or in part, from any claim, loss, damages, or expenses, arising out of any activity relating, or in any way connected to the Spring Into Action 5K/Walk described herein, whether direct or indirect and whether to person or property. The undersigned knowingly and voluntarily agrees that this Indemnification and Waiver is binding on their heirs and assigns and cannot be revoked, amended or extinguished, in any manner, or at any time, after its execution and delivery. I further acknowledge that individual and group photos and videos may be taken during this event, and in consideration of my participation hereby grant permission for my likeness to be taken during the event and reused for any lawful purpose.

SIGNATURE (Parent signature required if under 18)

DATE